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Raising money to help and support Bowel Cancer charities in Serbia, UK and across Europe.

Прикупљање новца за помоћ и подршку хуманитарним организацијама у  
борби против рака црева у Србији, Великој Британији и широм Европе.

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# Happy New Year

Welcome to 2017 :-)

## In this newsletter...

- 50\*5 streak...
- Firelighter 2017
- Fastest half-marathon in a Belgrade pub, still!
- 2017 runs; real and virtual.

### 50\*5 streak...

To start the year off, I thought I would do something slightly different (for me). I decided to do a streak, a run streak that is, from Boxing Day (26 Dec) for 50 days (until 13 Feb).

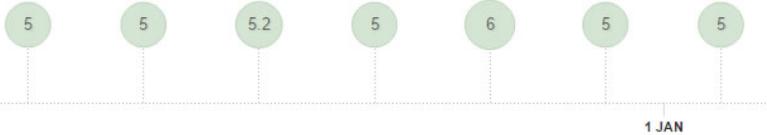
The aim being to run at least 5 km every day for 50 consecutive days.

So far, so good, as the first week's results (26 Dec - 1 Jan) show below:

[Subscribe](#)[Share](#) ▼[Past Issues](#)[Translate](#)26 DEC-1 JAN  
3h 15m 75 m

36.2 km

Goal: 23 km



Just to point out that I will reach Day 25 on my birthday (see next section about what you can do on that day)!

## Firelighter 2017

My next race for charity is on Friday 1 September, when I will run a new ultramarathon event called the Firelighter 2017.

This is a 35.7 mile (57 km) one day race. It takes place on [Anglesey](#), an island in the north-west of Wales, around its coast (most of it on the [Coastal Path](#)).

I am doing this race to support the charity work of [Bowel Cancer UK](#).



Please support my fundraising by donating online on my new [JustGiving page](#) (<https://www.justgiving.com/fundraising/rof2>).

**JustGiving** [Sponsor me](#)

Donating just £2 / €2 / 200 RSD / \$2 would go a long way to getting over the £250 target I have set for this event (though hopefully more will be raised), so PLEASE DO. You can donate anonymously if you wish.

Instead of getting me a drink to celebrate my birthday (19 Jan - did I say exactly half way through my 50\*5 streak!), how about **donating the cost of a drink** to this cause, and telling me how mad I am to have run for 25 days and to enter this race!

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### Fastest half-marathon in a Belgrade pub, still!

The last social event, in the [Three Carrots pub](#), I ran a half-marathon whilst everyone enjoyed the evening.

It was a great success :-)

The event raised 48.000 RSD (£350 / €393) which went to support the work of [EuropaColon](#).

Thanks to everyone who supported it, by attending and/or donating a raffle prize, or donating just after the event (with an apology for not being able to be there on the night).



More pictures can be seen on [Flickr](#).

As of today I still hold the record of 2 hours 7 minutes :-)

### 2017 runs, real and virtual...

I have a few races planned this year, excluding the [Firelighter](#) mentioned already. I've half marathons in Serbia ([Palić](#), [Belgrade](#), [Kruševac](#), [Sombor](#), [Novi Sad](#), [Rakovica](#)) and Slovakia ([Bratislava](#)), as well as several charity/fun runs in Belgrade. There are many other races going on so I may end up doing a few more as well :-).

In addition, all my logged runs (races and training) are uploaded to a new website "[Run Around Europe](#)". This then plots them onto a map of Europe to show how far one would have travelled. There is a [Neil4BC team](#) - why not join us with your runs/walks :-)

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### And finally...

Please help me with the Firelighter 2017 campaign, to help the charity. Having gone through my own cancer experiences, and seen its effect on myself, my family, friends, work and those all around me we do need to do more.

There are a couple of ways to donate to the Firelighter 2017 fundraising campaign:

**One - online via JustGiving** (<https://www.justgiving.com/fundraising/rof2>)

**Two (Belgrade Only) - Cash (see me in person or send me an [email](#)), which I will then donate online**

regards,

**Charity Runner Neil**

**Neil4**  
**BC**  
*Running for Bowel Cancer*

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## Supporting

Fundraising is helping the following 3 charities with their bowel/colon cancer support work:



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